

# مدارج السالكين

## PATH OF THE TRAVELLER

All praises are due to Allah. Anything good is from Allah and any mistakes are from ourselves and the shaitan. May Allah forgive us.

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Al Salam Islamic Center



سَمِ اللّٰهُ الرَّحْمٰنِ الرَّحِیْمِ  
لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللّٰهِ

## مدارج السالكين PATH OF THE TRAVELLER

29 DECEMBER 2022 | 05 JAMAD AL AKHIR 1444 | CLASS #14

### INTRODUCTION

ALLAH MAKES THE PATH TO PARADISE  
EASY FOR THE SEEKER OF KNOWLEDGE

فَإِنِّي سَمِعْتُ رَسُولَ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ يَقُولُ " مَنْ  
سَلَكَ طَرِيقًا يَطْلُبُ فِيهِ عِلْمًا سَلَكَ اللَّهُ بِهِ طَرِيقًا مِنْ طُرُقِ  
الْجَنَّةِ

'I heard the Messenger of Allah (صلى الله عليه وسلم) say: "Whoever follows a path in the pursuit of knowledge, Allah will make easy for him a path to Paradise.'<sup>1</sup>

○ Allah (سبحانه وتعالى) is The All-Knower and He knows all secrets and what is more discreet.

<sup>1</sup> Sunan Abi Dawud 3641, Authenticated by Al Albani as Sahih

## SURAH TA HA 7

وَإِنْ تَجَهَّرَ بِالْقَوْلِ فَإِنَّهُ يَعْلَمُ السِّرَّ وَأَخْفَى

And if you speak aloud - then indeed, He knows the secret and what is [even] more hidden.

- The secret behind everything we go through, from commands, decrees, rewards and punishment are all found in one ayah in Surah Al Fatiha.
- Allah (سبحانه وتعالى) has sent down 104 divine books and their meanings are concentrated in three books – the Tawrat (Torah), Injeel (Gospel) and Qur'an. And the concentration of the meaning of all divine books are in the Qur'an.
- And all the meanings of the Qur'an are concentrated from Surah Qaaf to Surah An Naas. And Surah Al Fatiha is one surah that summarizes the entire Qur'an, and there is one

ayah in Surah Al Fatiha that summarizes the entire Qur'an, and that is:

## SURAH AL FATIHA 5

إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ

It is You we worship and You we ask for help.

- So this ayah is the secret behind the revelation of the books, it is the secret behind the decrees, the secret behinds the commands, and the secret behind being rewarded or punished. This ayah is complete tawheed.
- Why do we face punishment, depression sadness and fear? Due to a lack of ( إِيَّاكَ نَعْبُدُ ) (It is You we worship and You we ask for help.).
- And why does someone feel rich, sufficient, happy and content? Because he fulfills ( إِيَّاكَ )

(نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ) (It is You we worship and You we ask for help.).

## PATH OF THE TRAVELLER (مدارج السالكين)

### SURAH AL FATIHA

1

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the Entirely Merciful, the Especially Merciful.

2

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

[All] praise is [due] to Allah, Lord of the worlds -

3

الرَّحْمَنِ الرَّحِيمِ

The Entirely Merciful, the Especially Merciful,

4

مَالِكِ يَوْمِ الدِّينِ

Sovereign of the Day of Recompense.

5

إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ

It is You we worship and You we ask for help.

6

اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ

Guide us to the straight path -

7

صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ

The path of those upon whom You have bestowed favor, not of those who have evoked [Your] anger or of those who are astray.

YOU ALONE WE WORSHIP AND YOU ALONE WE ASK FOR HELP (إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ)

- There are many things we need to fulfill and that is tawheed. When reciting Surah Al Fatiha in the prayer, when we say this ayah, Allah (سبحانه وتعالى) responds, “this is between Me and My slave and My slave will have what he asks for.”

## SURAH AL FATIHA IS A DIALOGUE BETWEEN ALLAH AND THE SLAVE

سَمِعْتُ رَسُولَ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ يَقُولُ " يَقُولُ اللَّهُ عَزَّ  
وَجَلَّ قَسَمْتُ الصَّلَاةَ بَيْنِي وَبَيْنَ عَبْدِي نِصْفَيْنِ فَنِصْفُهَا لِي  
وَنِصْفُهَا لِعَبْدِي وَلِعَبْدِي مَا سَأَلَ " . قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ  
عَلَيْهِ وَسَلَّمَ " اقْرءُوا يَقُولُ الْعَبْدُ { الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ }  
يَقُولُ اللَّهُ عَزَّوَجَلَّ حَمْدَنِي عَبْدِي . يَقُولُ الْعَبْدُ { الرَّحْمَنِ  
الرَّحِيمِ } يَقُولُ اللَّهُ عَزَّوَجَلَّ أَتْنِي عَلَى عَبْدِي . يَقُولُ الْعَبْدُ {  
مَا لِكِ يَوْمَ الدِّينِ } يَقُولُ اللَّهُ عَزَّوَجَلَّ مَجَّدَنِي عَبْدِي . يَقُولُ  
الْعَبْدُ { إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ } فَهَذِهِ الْآيَةُ بَيْنِي وَبَيْنَ عَبْدِي  
وَلِعَبْدِي مَا سَأَلَ . يَقُولُ الْعَبْدُ { اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ \*  
صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ }  
فَهَؤُلَاءِ لِعَبْدِي وَلِعَبْدِي مَا سَأَلَ "

For I heard the Messenger of Allah (صلى الله عليه وسلم) say: "Allah says: "I have divided prayer between Myself and My slave into two halves, and My slave shall have what he has asked for." The Messenger of Allah (صلى الله عليه وسلم) said: "Recite, for when the slave says: All the praises and

thanks be to Allah, the Lord of all that exists, Allah says: 'My slave has praised Me.' And when he says: The Most Gracious, the Most Merciful, Allah says: 'My slave has extolled Me.' And when he says: The Only Owner (and the Only Ruling Judge) of the Day of Recompense (i.e. the Day of Resurrection), Allah says: 'My slave has glorified Me' . And when he says: You (alone) we worship, and You (alone) we ask for help (for each and everything), He says: 'This is between Me and My slave, and My slave shall have what he has asked for.' And when he says: 'Guide us to the straight way, the way of those on whom You have bestowed Your grace, not (the way) of those who earned Your anger, nor of those who went astray, He says: 'This is for My slave, and My slave shall have what he asked for.'"<sup>2</sup>

○ This ayah is two-way, it shows how much we show our devotion, connection and love to Allah (سبحانه وتعالى) and it shows how much He shows what He does to us.

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<sup>2</sup> Sunan an-Nasa'i 909



## YOU ALONE WE WORSHIP (إِيَّاكَ نَعْبُدُ)

- (إِيَّاكَ نَعْبُدُ) (It is You we worship): we believe Allah (سبحانه وتعالى) is worthy of worship with utmost love and utmost magnification, with no shirk. This is the definition of worship.
- Worship is not just rituals, but it is utmost love and utmost humility. It means our hearts has to be squeezed for Allah (سبحانه وتعالى) with so much feelings for Him.
- We do not show-off ourselves, we do not see ourselves. We submit to Him with our feelings before our actions.

## SURAH ADH DHAARIYAAT 56

وَمَا خَلَقْتُ الْجِنَّ وَالْإِنْسَ إِلَّا لِيَعْبُدُونِ

And I (Allah) created not the jinn and mankind except that they should worship Me (Alone).

- We are here to worship Allah (سبحانه وتعالى) and our feelings are for Him. When we know Allah (سبحانه وتعالى) is Al Ilaah, we will worship Him alone.

### YOU ALONE WE ASK FOR HELP (إِيَّاكَ نَسْتَعِينُ)

- (وَإِيَّاكَ نَسْتَعِينُ) (and You we ask for help.): this is for us which is to rely on Allah (سبحانه وتعالى) and He will do everything for us. This is the secret.
- We worship Allah (سبحانه وتعالى), but we do not worship Him by relying on ourselves; we worship Him by seeking His help.
- This shows how that we believe in the Lordship of Allah (سبحانه وتعالى), we believe that He is our King, our Lord, our Creator, our Sustainer, so we relax and know that He will take care of us.

- We want Him to provide us, ease our affairs and make us successful.
- People rely on themselves and believe in themselves to get what they want. But this will be a formula for disaster when we idolize ourselves and when we rely on ourselves to make things happen.
- “You alone we worship” means we love Allah (سبحانه وتعالى) more than ourselves. “And You alone we ask for help” means we believe in His ability and not ours.
- Worship is to be firm on loving Allah (سبحانه وتعالى), even though we do not see Him or hear Him. We do not want His love to be absent from our heart.
- Any decree that comes to us is to make us love Allah (سبحانه وتعالى) more and we cannot keep up

with our life without relying on Allah (سبحانه وتعالى).

When we rely on Him, He will do things for us.

- The secret to a good life and to be away from sadness and fear is (إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ) (It is You we worship and You we ask for help.).
- We trust in all Allah (سبحانه وتعالى) will do for us and this is tawheed.
- Our purpose is (إِيَّاكَ نَعْبُدُ) (It is You we worship) and the means to fulfill our purpose is (وَإِيَّاكَ نَسْتَعِينُ) (and You we ask for help.), we ask Allah (سبحانه وتعالى) for help.
- All that is before (إِيَّاكَ نَعْبُدُ) (It is You we worship) is an introduction to it:

## SURAH AL FATIHA 1 TO 4

1

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the Entirely Merciful, the Especially Merciful.

2

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

[All] praise is [due] to Allah, Lord of the worlds -

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الرَّحْمَنِ الرَّحِيمِ

The Entirely Merciful, the Especially Merciful,

4

مَالِكِ يَوْمِ الدِّينِ

Sovereign of the Day of Recompense.

- We praise Allah (سبحانه وتعالى), love Him, have hope in the Most Merciful, and fear the Owner of the Day of Judgement.

- And all that is after (وَإِيَّاكَ نَسْتَعِينُ) (and You we ask for help) shows that we rely on Allah (سبحانه وتعالى).

## SURAH AL FATIHA 6 TO 7

6

اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ

Guide us to the straight path -

7

صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ

The path of those upon whom You have bestowed favor, not of those who have evoked [Your] anger or of those who are astray.

- All of Surah Al Fatiha is gathered in (إِيَّاكَ نَعْبُدُ) (It is You we worship and You we ask for help.). And the entire Qur'an is concentrated in (إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ) (It is You

we worship and You we ask for help.). And this book speaks of the stations of:

## SURAH AL FATIHA 5

إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ

It is You we worship and You we ask for help.

MAY ALLAH MAKE US WORSHIP HIM ALONE AND SEEK HIS  
HELP. AMEEN.

## REFERENCES

1. مدارج السالكين - ابن القيم



## ADDITIONAL RESOURCES

LISTEN TO THE CLASS – FOR WOMEN

<https://vimeopro.com/markazalsalam/path-of-the-traveller>

TO REQUEST ACCESS TO THE RECORDING:

<https://markazalsalam.com/recordings-notes>

CLASS NOTES FOR WOMEN AND MEN

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