

# مدارج السالكين

## PATH OF THE TRAVELLER

All praises are due to Allah. Anything good is from Allah and any mistakes are from ourselves and the shaitan. May Allah forgive us.

[www.markazalsalam.com](http://www.markazalsalam.com)

[t.me/markazalsalam](https://t.me/markazalsalam)

[+97150 8008875](https://www.whatsapp.com/+971508008875)

[info@markazalsalam.com](mailto:info@markazalsalam.com)

[t.me/dropletsofdew](https://t.me/dropletsofdew)



Al Salam Islamic Center



سم الله الرحمن الرحيم  
لا حول ولا قوة إلا بالله

## مدارج السالكين PATH OF THE TRAVELLER

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### INTRODUCTION

#### SUPPLICATION SEEKING THE HELP OF ALLAH

"يا معاذ، والله إني لأحبك، ثم أوصيك يا معاذ لا تدعن في دبر كل صلاة تقول: اللهم أعني على ذكرك وشكرك، وحسن عبادتك"

The Messenger of Allah (صلى الله عليه وسلم) held my hand and said, "O Mu'adh, By Allah, I love you and advise you not to miss supplicating after every Salat (prayer) saying:

*'Allahumma a'inni 'ala dhikrika wa shukrika, wa husni 'ibadatika,'*

(O Allah, help me remember You, expressing gratitude to You and worship You in the best manner)".<sup>1</sup>

<sup>1</sup> Riyadh As Saliheen, Abu Dawud and An- Nasa'i , Book 1, Hadith 384

## SURAH AL QIYAMAH

- Allah (سبحانه وتعالى) is The Most Beautiful, The Most Kind, The Loving Companion, The Most Merciful, The Provider, The Guide, The Lord of the Worlds, there is no one like Him and there is no one co-equal to Him.
- Allah (سبحانه وتعالى) is the One Who accounts, recompenses, honors, humiliates, rewards and punishes. He is The Knower of the Seen and Unseen, He is The Most Excellent, The Giver, The Especially Merciful, there is no one worthy of worship except Him and He is The Most Gentle to His slaves.
- We think the vibe of Surah Al Qiyamah is that we must be hasty with our responsibilities or our worships and rituals, but we do not want our

relationship with Allah (سبحانه وتعالى) to be like a task.

- Allah (سبحانه وتعالى) does not want how fast we can be, but He wants our heart to be in its place, and that is to worship Allah (سبحانه وتعالى) as if we see Him.

### SURAH AL QIYAMAH 22 TO 23

هُوَ الْأَوَّلُ وَالْآخِرُ وَالظَّاهِرُ وَالْبَاطِنُ ۗ وَهُوَ بِكُلِّ شَيْءٍ عَلِيمٌ

He is the First and the Last, the Ascendant and the Intimate, and He is, of all things, Knowing.

- The meaning of excellence is not about looking at anything to rush us, but we enjoy loving Allah (سبحانه وتعالى) because we love His perfection, His beauty, and His ability to maintain and sustain everything.

- Allah (سبحانه وتعالى) is Al Hayy Al Qayyoom (The Ever-Living, The Self-Sustaining Master) and He is the One Who takes care of everything.
- In Surah Al Qiyamah, the Prophet (ﷺ) had the great responsibility of conveying the revelation, but what did Allah (سبحانه وتعالى) tell him?

### SURAH AL QIYAMAH 16 TO 19

16

لَا تُحَرِّكْ بِهِ لِسَانَكَ لِتَعْجَلَ بِهِ

Move not your tongue with it, [O Muhammad (ﷺ)], to hasten with recitation of the Qur'an.

17

إِنَّ عَلَيْنَا جَمْعَهُ وَقُرْآنَهُ

Indeed, upon Us is its collection [in your heart] and [to make possible] its recitation.

18

فَإِذَا قَرَأْنَاهُ فَاتَّبِعْ قُرْآنَهُ

So when We have recited it [through Gabriel],  
then follow its recitation.

19

ثُمَّ إِنَّ عَلَيْنَا بَيَانَهُ

Then upon Us is its clarification [to you].

- The Prophet (ﷺ) had a great responsibility to convey the message and so he would rush by repeating what Jibreel (عليه السلام) was telling him so that he would not forget. If it was us, we would try to write it, but the Prophet (ﷺ) could not write.
- So while Jibreel (عليه السلام) would speak, the Prophet (ﷺ) would quickly repeat what Jibreel (عليه السلام) said. Though Allah (سبحانه وتعالى) forbade him so that he is not distracted by moving his tongue and missing out on listening to the Qur'an.

- To listen is not just to listen with ears, but to listen with heart so that it reaches it and we accept it. We can be so distracted with our words and deeds, rushing to complete them while our heart is not there. However, the main connection is (إِيَّاكَ نَعْبُدُ) (It is You we worship), and that is to have the feeling of loving Allah (سبحانه وتعالى) and not the feeling of being rushed.
- There are problems between people because we just think about what we want to do and not give others time. Or we think we have achieved when we do things, but it is not about how much we do or how much we challenge ourselves.
- Allah (سبحانه وتعالى) gives the Prophet (ﷺ) confirmation to trust Him and believe in Him because it is upon Him to gather it in his heart

and to recite it to the people. It is not our action to gather the Qur'an in our heart.

- Our faith will not increase if we do not love each other and faith will be tasteless if we do not love. And to love Allah (سبحانه وتعالى) is the greatest worship, and that is the one who tasted the sweetness of faith, to love Allah (سبحانه وتعالى), to love His Messenger (ﷺ), to love each other for Allah (سبحانه وتعالى) and to hate to go back to disbelief.



## PATH OF THE TRAVELLER (مدارج السالكين)

YOU ALONE WE WORSHIP AND YOU ALONE  
WE ASK FOR HELP (إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ)

- The “Path of the Traveler” is not just about actions and rituals such that we forget feelings. Life can be so tasteless and people become like machines when there are no feelings. Everything becomes only surface level, but with love everything can be alive.
- Love is a great drive and the best and most protected love is to love Allah (سبحانه وتعالى) and this will save us from being a slave to anything else, to people or to ourselves.
- We need to remove all our might and power because we cannot do anything without relying on Allah (سبحانه وتعالى). And to rely on Allah

(سبحانه وتعالى) shows complete trust in Him and that His nurturing is perfect.

- We want to run to Allah (سبحانه وتعالى), we do not want to run to the means. And the means will run to us when we run to Allah (سبحانه وتعالى); He will make the duniya run to us.
- When Jibreel (عليه السلام) recites the Qur'an, the Prophet (ﷺ) should only follow the recitation of the Qur'an, and this truly makes us rely on Allah (سبحانه وتعالى).

### SURAH AL ANBIYA 37

خُلِقَ الْإِنْسَانُ مِنْ عَجَلٍ ۖ سَأُرِيكُمْ آيَاتِي فَلَا تَسْتَعْجِلُونِ

Man was created of haste. I will show you My signs, so do not impatiently urge Me.

- The Prophet (ﷺ) told Ashaj Abdulqais that he has two qualities which Allah (سبحانه وتعالى) loves

and they are forbearance and to take his time. While everyone was rushing to meet the Prophet (ﷺ), he took his time, washed up and then came to meet the Prophet (ﷺ).

## TWO QUALITIES ALLAH LOVES

قال رسول الله صلى الله عليه وسلم لأشج عبد القيس: "إن  
فيك خصلتين يحبهما الله: الحلم والأناة"

The Messenger of Allah (ﷺ) said to Ashaj Abdul-Qais (May Allah be pleased with him), "You possess two qualities that Allah loves. These are forbearance and taking one's time."

- Islam teaches us to rely on Allah (سبحانه وتعالى) because it is not by rushing that we will attain. Allah (سبحانه وتعالى) created the heavens and earth in six days, though Allah (سبحانه وتعالى) does not need six days to create them. He can

create them all in a blink of an eye, but this is to teach us to not rush.

- Surah Al Qiyamah tells us about death and the Day of Judgement, and so it gives us the feeling of being rushed, but when the Bedouin asked the Prophet (ﷺ) when is The Hour, the Prophet (ﷺ) asked him, “what did you prepare for it?”. He said, “love of Allah (سبحانه وتعالى) and the Prophet (ﷺ)”.
- And prepare for prayer and fasting is different from preparing for the love of Allah (سبحانه وتعالى) and love of the Prophet (ﷺ). When the love is right, then everything will fall in place.
- The Prophet (ﷺ) told him, “you will be with those whom you love.” So he will see Allah (سبحانه وتعالى) in paradise and he will be neighbors

to the Prophet (ﷺ) despite not doing the same deeds. We may not be able to do the same deeds of others, but to love them is what will make us be with them.

### WHAT HAVE YOU PREPARED FOR IT?

قَالَ لِرَسُولِ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ مَتَى السَّاعَةُ قَالَ لَهُ  
رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ " مَا أَعَدَدْتَ لَهَا " . قَالَ حُبَّ  
اللَّهِ وَرَسُولِهِ . قَالَ " أَنْتَ مَعَ مَنْ أَحْبَبْتَ " .

Anas b. Malik reported that a desert Arab said to Allah's Messenger (ﷺ): When would be the Last Hour? Allah's Messenger (ﷺ) said: What preparation have you made for that? Thereupon he said: The love of Allah and of His Messenger (that is my preparation for the Last Hour) (for the Day of Resurrection). Thereupon he (the Prophet (ﷺ)) said: You would be along with one whom you love.<sup>2</sup>

<sup>2</sup> Sahih Muslim 2639

- Worship is not how much we struggle, how much we do or how much we achieve, but the feelings we need to maintain. And we rely only on Allah (سبحانه وتعالى) to maintain the feelings of love.
- We cannot love and rush at the same time. And Allah (سبحانه وتعالى) appreciates those who love each for His Sake.
- There was a man who wanted to visit his friend in another town and Allah (سبحانه وتعالى) sent angels in the form of men to ask him, “where are you going?”. He said, “I am going to visit him to tell him that I love him”. Then the angel told him that Allah (سبحانه وتعالى) loves you.

## TO VISIT FOR THE SAKE OF ALLAH

قال رسول الله صلى الله عليه وسلم: "أن رجلاً زار أخاً له في قريةٍ أخرى، فأرصد الله له على مدرجته ملكاً" وذكر الحديث إلى قوله: "إن الله قد أحبك كما أحبته فيه"

The Prophet (ﷺ) said, "A man set out to visit a brother (in Faith) in another town and Allah sent an angel on his way. When the man met the angel, the latter asked him, "Where do you intend to go?" He said, "I intend to visit my brother in this town". The angel said, "Have you done any favour to him?" He said, "No, I have no desire except to visit him because I love him for the sake of Allah, the Exalted, and Glorious." Thereupon the angel said, "I am a messenger to you from Allah (to inform you) that Allah loves you as you love him (for His sake)".<sup>3</sup>

- Love purifies a person from ego, arrogance, pride, jealousy.

<sup>3</sup> Riyadh As Saliheen, Muslim, Introduction, Hadith 379

## TYPES OF WORSHIPS

TO PERFORM THE MOST DIFFICULT WORSHIPS – THIS IS NOT CORRECT

- There are some worships that are easy for us to perform and there are some that are difficult for us, but there are people who think those that are difficult on us are the worships they must perform in order to be elevated, but this is not the case.
- They believe since they have no desire in it then that is the worship that should be performed. Keep in mind we are not talking about obligations, but voluntaries.
- However, whatever is easy for us then that is the door for us to enter. But the one who only chooses the most difficult worships to person will only make him arrogant.



**TO GIVE UP THE DUNIYA – THIS IS NOT CORRECT**

- There are people who believe if they give up the duniya then they will purify themselves. All of us want to purify ourselves, but we will be unable to keep up by giving up on the duniya and leaving it.
- They will say, “I will not go out and eat or I will not go shopping”, but they will only become miserable, arrogant and jealous.
- We cannot make lawful matters unlawful on ourselves.

**TO ONLY HELP OTHERS AND FORGET OUR FAMILY – THIS IS NOT CORRECT**

- There are people who believe to only help others and they travel for it, but they do not fulfill the rights of their family. And this is not balanced.

## TO PERFORM ANY WORSHIPS WHILE SEEKING THE PLEASURE OF ALLAH – THIS IS CORRECT

- We can be eating, drinking, giving a gift to someone, sleeping or whatever it may be while there is love, feelings and seeking the pleasure of Allah (سبحانه وتعالى). And it is this that will purify us. When we love Allah (سبحانه وتعالى), He will bring the worships to us. When there is love and feelings, then there is no rush or ego.

## SUPPLICATION FOR THE LOVE OF ALLAH

اللهم إني أسألك حبك، وحب من يحبك، والعمل الذي يبلغني  
حبك

O Allah! I ask You for Your Love, the love of those who love You, and deeds which will cause me to attain Your Love.<sup>4</sup>

MAY ALLAH HELP US TO LOVE HIM, HIS PROPHET (ﷺ) AND OTHERS FOR HIS SAKE. MAY HE MAKE US TASTE THE SWEETNESS OF FAITH. AMEEN.

<sup>4</sup> At Tirmidhi Book 17, Hadith 1490

## REFERENCES

1. مدارج السالكين - ابن القيم



## RELATED RESOURCES

OATHS IN THE QUR'AN – SURAH AL QIYAMAH

## ADDITIONAL RESOURCES

LISTEN TO THE CLASS – FOR WOMEN

<https://vimeopro.com/markazalsalam/path-of-the-traveller>

TO REQUEST ACCESS TO THE RECORDING:

<https://markazalsalam.com/recordings-notes>

CLASS NOTES FOR WOMEN AND MEN

FOR STUDENTS OF KNOWLEDGE, TEACHERS AND DA'EES IN ENGLISH

<https://t.me/markazalsalampublicationsENG>

FOR STUDENTS OF KNOWLEDGE, TEACHERS AND DA'EES IN ARABIC

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<https://t.me/truthfulentry>