

# مدارج السالكين

## PATH OF THE TRAVELLER

All praises are due to Allah. Anything good is from Allah and any mistakes are from ourselves and the shaitan. May Allah forgive us.

[www.markazalsalam.com](http://www.markazalsalam.com)

[t.me/markazalsalam](https://t.me/markazalsalam)

[+97150 8008875](https://www.whatsapp.com/+971508008875)

[info@markazalsalam.com](mailto:info@markazalsalam.com)

[t.me/dropletsofdew](https://t.me/dropletsofdew)



Al Salam Islamic Center



سَمِ اللّٰهُ الرَّحْمٰنُ الرَّحِیْمُ  
لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللّٰهِ

## مدارج السالكين PATH OF THE TRAVELLER

03 JANUARY 2023 | 10 JAMAD AL AKHIR 1444 | CLASS #17

### INTRODUCTION

- The best thing to begin with is remembering Allah (سبحانه وتعالى) and His Names and to end with remembering Him. Allah (سبحانه وتعالى) is Al Awwal Al Akhir (The First The Last) and He is Adh Dhahir Al Batin (The Apparent The Hidden) and He is All-Knowing of everything we do in between.

### SURHA AL HADID 3

هُوَ الْأَوَّلُ وَالْآخِرُ وَالظَّاهِرُ وَالْبَاطِنُ ۗ وَهُوَ بِكُلِّ شَيْءٍ عَلِيمٌ

He is the First and the Last, the Ascendant and the Intimate, and He is, of all things, Knowing.

- The right of Allah (سبحانه وتعالى) is to worship Him alone and that means our heart is for Him. And the Name “Allah” is The One Who’s worthy of love and magnification because He is perfect. And we love others for Allah (سبحانه وتعالى).
- When we love, we feel familiar and transparent, but when there is less love, we feel awkward and dark.
- We need the Lordship of Allah (سبحانه وتعالى) in order to maintain (You alone we worship) and that is by asking Him for help.
- We want guidance on the Straight Path, from the beginning to the end, and we want to cross it in the blink of an eye. The more we truly fulfill (إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ) (It is You we worship and You we ask for help.), the more we will be

guided to cross the Straight Path with no pain. However, there are people who will cross the Straight Path, but with pain and getting hooked. So how can we attain more guidance, when we increase in ( **إِيَّاكَ نَعْبُدُ وَإِيَّاكَ** )

( **نَسْتَعِينُ** ) (It is You we worship and You we ask for help.).

○ And the opposite is true, if there is lack of guidance, then there is a lack of applying ( **إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ** ) (It is You we worship and You we ask for help.).

○ Guidance is clarity with evidence. Guidance is not just something I think about, and the more we fulfill ( **إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ** ) (It is You we

worship and You we ask for help.), the more the guidance will be clear.

- And what will keep us balanced and cross the Straight Path quickly? To follow the Prophet (ﷺ).
- On the Day of Judgement, one of the places where the Prophet (ﷺ) will be is at the end of the Sirat. And this shows we worship Allah (سبحانه وتعالى) alone, but it is not enough to only be sincere to Allah, love Him and do whatever we want. We will not be saved this way; we have to follow the Prophet (ﷺ) and worship Allah (سبحانه وتعالى) alone.
- A person may start right and end wrong, but we want to start right and end right. May Allah (سبحانه وتعالى) grant us a good end. Ameen.

## SURAH AL HADID

- Surah Al Hadid is about balance and that is when we believe in Allah (سبحانه وتعالى) and follow the Prophet (ﷺ).
- The meaning of the word “Hadid” (حديد) is iron. It is a strong metal, but can be molded. A person is firm, but not harsh. A person does not dissolve and think he is worthless, nor does he become arrogant and proud. A person does not indulge in the duniya, nor does he become monastic and neglects the duniya.
- The beginning and end are very important, for example, we begin by reciting the Qur’an by saying: (أعوذ بالله من الشيطان الرجيم) (I seek refuge with Allah from the accursed devil). And a person ends by saying: (سبحانك اللهم وبحمدك أشهد أن لا إله أنت)

(أستغفرُكَ وأتوبُ إليك) (Glory is to You, O Allah, and praise; I bear witness that there is none worthy of worship but You. I seek Your forgiveness and turn to You in repentance.).

### TO GLORIFY AND REPENT TO ALL AFTER RECITING THE QUR'AN

عَنْ عَائِشَةَ رَضِيَ اللَّهُ عَنْهَا قَالَتْ: " مَا جَلَسَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ مَجْلِسًا قَطُّ ، وَلَا تَلَا قُرْآنًا ، وَلَا صَلَّى صَلَاةً ، إِلَّا خَتَمَ ذَلِكَ بِكَلِمَاتٍ ، قَالَتْ: فَقُلْتُ: يَا رَسُولَ اللَّهِ، أَرَأَيْكَ مَا تَجْلِسُ مَجْلِسًا ، وَلَا تَتْلُو قُرْآنًا، وَلَا تُصَلِّي صَلَاةً إِلَّا خَتَمْتَ بِهَؤُلَاءِ الْكَلِمَاتِ؟ قَالَ: نَعَمْ، مَنْ قَالَ خَيْرًا خُتِمَ لَهُ طَابِعٌ عَلَى ذَلِكَ، وَمَنْ قَالَ شَرًّا كُنَّ لَهُ كَفَّارَةٌ: سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ، لَا إِلَهَ إِلَّا أَنْتَ، أَسْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ

Aishah (may Allah be pleased with her) said:  
"The Messenger of Allah (ﷺ) did not sit in a gathering, or recite Qur'an, or pray a prayer except he ended it with the following words." She said, "O Messenger of Allah, I see you in a gathering or reciting Qur'an or praying and

ending it with certain words?”. He said, “yes, whoever says good will be stamped and whoever says evil then it will be an expiation for him: “(Subḥānaka Allāhumma wa biḥamdika, 'ash-hadu 'an lā 'ilāha 'illā 'Anta, 'astaghfiruka wa 'atūbu 'ilayk.) Glory is to You, O Allah, and praise; I bear witness that there is none worthy of worship but You. I seek Your forgiveness and turn to You in repentance”<sup>1</sup>

- When we wake-up, we remember Allah (سبحانه) and before we sleep we remember Allah (وتعالى) (سبحانه وتعالى).
- We begin eating by saying (بسم الله) (In the Name of Allah) and end by saying (الحمد لله) (All praises are due to Allah).
- Before the creation, Allah (سبحانه وتعالى) is there, He is The First and in the hereafter, everyone will die and only Allah (سبحانه وتعالى) will be there, He

<sup>1</sup> As Silsalah As Saheeda 3164, Authenticated by Al Albani as Sahih



is The Last. And then He will bring the people back to life.

- The concept of beginning and end teaches us to begin with Allah (سبحانه وتعالى) and to end with Allah (سبحانه وتعالى). We all want balance in life, but what makes us imbalanced? When we do not start with Allah (سبحانه وتعالى) or we do not end with Allah (سبحانه وتعالى), or we do not start or end with Allah (سبحانه وتعالى).
- Allah (سبحانه وتعالى) is The First and The Last, but what will keep us balanced, guided and safe on the path in between? Following the Messenger (ﷺ). The more we believe in Allah (سبحانه وتعالى) and the Messenger of Allah (سبحانه وتعالى), the more we will be balanced, truthful and foremost.

## PATH OF THE TRAVELLER (مدارج السالكين)

YOU ALONE WE WORSHIP AND YOU ALONE  
WE ASK FOR HELP (إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ)

### TO FOLLOW (اتَّبِعُونَ) IN THE QUR'AN

- The messengers follow what Allah (سبحانه وتعالى) inspires to them. And the followers of the messengers follow the messengers, and the followers follow the followers of the messengers, and so forth, so it becomes one line. And this is called (طاعة) – obedience. We follow the ruler, we follow the one charge as long as not being commanded to haram.
- We cannot say, “we follow Allah” – “we worship and believe in Allah”.
- Haroon (عليه السلام) told Banu Israel to follow him because he is following Musa (عليه السلام). The believer from the Family of Firaoun said to

follow him because he is following Musa (عليه السلام).

### SURAH AAL IMRAAN 31

قُلْ إِنْ كُنْتُمْ تُحِبُّونَ اللَّهَ فَاتَّبِعُونِي يُحْبِبْكُمُ اللَّهُ وَيَغْفِرْ لَكُمْ  
ذُنُوبَكُمْ ۗ وَاللَّهُ غَفُورٌ رَحِيمٌ

Say, [O Muhammad (ﷺ)], "If you should love Allah, then follow me, [so] Allah will love you and forgive you your sins. And Allah is Forgiving and Merciful."

- In the time of the Prophet (ﷺ), there were very great people who had position and did whatever they wanted, and then when the Prophet (ﷺ) was sent he had to be followed. So when a human being is presented to the people, it will reveal their truthfulness in their connection to Allah (سبحانه وتعالى). And to follow the Messenger (ﷺ) is purification for ourselves.

If we do not follow the Prophet (ﷺ), then we will end up only following ourselves, and this will not show truthfulness nor will it bring about purification.

- Surah Aal Imraan is about firmness and how did Allah (سبحانه وتعالى) introduce following the Prophet (ﷺ)? If we love Allah (سبحانه وتعالى) then we will follow the Prophet (ﷺ). But if we do not love Allah (سبحانه وتعالى) then we will not follow the Prophet (ﷺ). So when we are not following the Prophet (ﷺ) then it shows our lack of love for Allah (سبحانه وتعالى).
- Worship will only be accepted when it is:
  1. Sincere for Allah (سبحانه وتعالى)

2. Following the way of the Prophet (ﷺ): we cannot worship Allah (سبحانه وتعالى) our own way
- To follow the Prophet (ﷺ) makes a person balanced and not just about following a pattern. The Prophet (ﷺ) would wear different types of clothing, sometimes one-piece, sometimes two-piece, and he would eat different types of food. And this shows to be a slave of Allah (سبحانه وتعالى) is by accepting whatever Allah (سبحانه وتعالى) brings.
  - And when we follow the Prophet (ﷺ) then Allah (سبحانه وتعالى) will love us.

## TYPES OF FOLLOWING

### TO WORSHIP ALLAH AND NOT FOLLOW THE PROPHET



- There are those who only worship Allah (سُبْحَانَ اللَّهِ وَبِحَمْدِهِ), but do not follow the way of the Prophet (ﷺ). The shaitan loves to make people fall into innovation in the religion because it is difficult for the person to give it up. The person sees himself as worshiping, but it is something that the Prophet (ﷺ) did not do.
- A person cannot innovate in the deen and make-up worships such as reciting certain surahs for a certain number of times.
- And the shaitan will not make trouble while a person is innovation and he will make it very attractive.

- It is better to do little, but right, than to do too much that's not right.

#### TO NOT WORSHIP ALLAH AND FOLLOW THE PROPHET

(ﷺ)

- And there are those who just follow the Prophet (ﷺ) such that they reach a point of idolizing him while forgetting to worship Allah (سبحانه وتعالى). Allah (سبحانه وتعالى) comes first.

#### TO NOT WORSHIP ALLAH AND TO NOT FOLLOW THE PROPHET (ﷺ)

- To not worship Allah (سبحانه وتعالى) and to not follow the Prophet (ﷺ).

#### TO WORSHIP ALLAH AND TO FOLLOW THE PROPHET (ﷺ)

- This is ikhlaas (sincerity to Allah) and itibaa' (to follow the Prophet (ﷺ)) and this is correct, and this is the Straight Path.

HOMework: LOOK AT REST OF THE AYAT WHERE (اتَّبِعُونِ) (FOLLOW ME) ARE MENTIONED IN THE QUR'AN:

### 1. Surah Ta Ha 90

وَلَقَدْ قَالَ لَهُمْ هَارُونُ مِنْ قَبْلُ يَا قَوْمِ إِنَّمَا فُتِنْتُمْ بِهِ ۗ وَإِنَّ رَبَّكُمُ الرَّحْمَنُ فَاتَّبِعُونِي وَأَطِيعُوا أَمْرِي

And Aaron had already told them before [the return of Moses], "O my people, you are only being tested by it, and indeed, your Lord is the Most Merciful, so follow me and obey my order."

### 2. Surah Ghafir 38

وَقَالَ الَّذِي آمَنَ يَا قَوْمِ اتَّبِعُونِ أَهْدِكُمْ سَبِيلَ الرَّشَادِ

And he who believed said, "O my people, follow me, I will guide you to the way of right conduct."

### 3. Surah Az Zukhruf 61

وَإِنَّهُ لَعِلْمٌ لِّلسَّاعَةِ فَلَا تَمْتَرَنَّ بِهَا وَاتَّبِعُونِ ۚ هَذَا صِرَاطٌ مُسْتَقِيمٌ

And indeed, Jesus will be [a sign for] knowledge of the Hour, so be not in doubt of it, and follow Me. This is a straight path.

MAY ALLAH MAKE US AMONG THOSE WHO WORSHIP HIM ALONE AND FOLLOW THE PROPHET (ﷺ). AMEEN.



## REFERENCES

1. مدارج السالكين - ابن القيم



## RELATED RESOURCES

SURAH AL HADID AYAH 3

## ADDITIONAL RESOURCES

LISTEN TO THE CLASS – FOR WOMEN

<https://vimeopro.com/markazalsalam/path-of-the-traveller>

TO REQUEST ACCESS TO THE RECORDING:

<https://markazalsalam.com/recordings-notes>

CLASS NOTES FOR WOMEN AND MEN

FOR STUDENTS OF KNOWLEDGE, TEACHERS AND DA'EES IN ENGLISH

<https://t.me/markazalsalampublicationsENG>

FOR STUDENTS OF KNOWLEDGE, TEACHERS AND DA'EES IN ARABIC

<https://t.me/markazalsalampublicationsAR>

FOR CHILDREN CLASS NOTES

<https://t.me/dropletsofdew>

FOR BEGINNERS TO ISLAM

<https://t.me/truthfulentry>